

A person is shown in silhouette, sitting in a meditative lotus position on a grassy clearing in a forest. The scene is bathed in a soft, ethereal blue light. Numerous glowing, circular orbs of varying sizes and colors (white, yellow, blue) are scattered throughout the scene, some appearing to float in the air and others resting on the ground. The background consists of tall, thin trees, their forms softened by the misty atmosphere. The overall mood is serene and mystical.

TRAITS AND BEHAVIOURS



ELEMENTAL
RHYTHM

Positive Traits	Positive Traits	Positive Traits	Positive Traits
Abundant	Creative	Grateful	Observant
Achieving	Curious	Grounded	Open-hearted
Adaptable	Daring	Happy	Open-minded
Admired	Decisive	Harmonious	Optimistic
Adroit	Dedicated	Honest	Organized
Adventurous	Delightful	Honorable	Passionate
Affable	Dependable	Hopeful	Patient
Affectionate	Determined	Humble	Peaceful
Altruistic	Diligent	Imaginative	Perceptive
Ambitious	Discerning	Impartial	Persevering
Amiable	Disciplined	Independent	Persistent
Analytical	Discreet	Industrious	Persuasive
Appreciative	Dynamic	Innovative	Philosophical
Artistic	Eager	Insightful	Playful
Assertive	Earnest	Inspirational	Polite
Astute	Easygoing	Inspiring	Positive
Attentive	Efficient	Intelligent	Practical
Authentic	Eloquent	Intuitive	Principled
Benevolent	Empathetic	Involved	Productive
Blissful	Empowering	Joyful	Professional
Brave	Energetic	Just	Punctual
Bright	Enlightened	Kind	Purposeful
Calm	Enthusiastic	Kind-hearted	Rational
Captivating	Ethical	Knowledgeable	Realistic
Carefree	Exemplary	Leader	Reflective
Careful	Fair	Learned	Relaxed
Caring	Faithful	Loving	Reliable
Celebrated	Focused	Loyal	Resilient
Charismatic	Forgiving	Mature	Resourceful
Charitable	Friendly	Methodical	Respectful
Charming	Generous	Meticulous	Responsible
Cheerful	Gentle	Modest	Responsive
Compassionate	Genuine	Motivated	Self-assured
Composed	Graceful	Nurturing	Self-disciplined
Confident	Gracious	Objective	Sensitive
Conscientious	Wise	Zealous	

Negative Traits	Negative Traits	Negative Traits	Negative Traits
Abrasive	Cowardly	Impulsive	Pessimistic
Abrupt	Crafty	Inconsiderate	Petty
Aggressive	Cranky	Inconsistent	Pompous
Aloof	Critical	Indecisive	Possessive
Annoying	Cruel	Indifferent	Prejudiced
Antisocial	Cynical	Inflexible	Presumptuous
Apathetic	Deceitful	Inhibited	Pretentious
Arbitrary	Deceptive	Insecure	Procrastinating
Arrogant	Defensive	Insensitive	Pugnacious
Artificial	Demanding	Insincere	Quarrelsome
Assertive	Dependent	Insolent	Rash
Barren	Devious	Intolerant	Reckless
Belligerent	Difficult	Intrusive	Remorseless
Big-headed	Disagreeable	Irrational	Repetitive
Bitchy	Dismissive	Irresponsible	Repressive
Bitter	Disobedient	Irritable	Resentful
Blunt	Disorganized	Jealous	Rude
Boastful	Disrespectful	Judgmental	Ruthless
Boorish	Disruptive	Lazy	Sarcastic
Bossy	Distrustful	Lewd	Sardonic
Brash	Dogmatic	Liar	Scandalous
Brusque	Domineering	Manipulative	Scheming
Bully	Duplicious	Meddlesome	Scornful
Callous	Egotistical	Mean	Secretive
Cantankerous	Evasive	Melodramatic	Self-centered
Careless	Explosive	Miserly	Self-indulgent
Caustic	Extravagant	Moody	Selfish
Charmless	Extreme	Morbid	Shallow
Childish	Fanciful	Narrow-minded	Short-tempered
Clingy	Fickle	Neglectful	Slovenly
Clumsy	Finicky	Nervous	Sly
Coarse	Flaky	Nosy	Snobbish
Cold	Foolhardy	Obnoxious	Snooty
Complacent	Foolish	Obstinate	Sullen
Conceited	Forgetful	Obstructive	Superficial
Condescending	Fretful	Opinionated	Suspicious
Confused	Fussy	Overbearing	Tactless
Conniving	Greedy	Overcritical	Temperamental
Contemptuous	Grumpy	Overemotional	Thoughtless
Contradictory	Gullible	Paranoid	Timid
Controlling	Harsh	Patronizing	Tiresome
Conventional	Hasty	Pensive	Touchy

Covetous	Haughty	Pessimistic	Truculent
Cowardly	Hedonistic	Petty	Uncooperative

Negative Trait	Associated Behavior
Abrasive	Often harsh or unkind in speech, causing irritation.
Abrupt	Sudden or unexpected in an unwelcome way.
Aggressive	Prone to engage in hostile or violent behavior quickly.
Alloof	Distant and uninvolved, showing little interest in others.
Annoying	Regularly irritating or bothersome to others.
Antisocial	Avoiding social interaction; inconsiderate of or hostile to others.
Apathetic	Showing or feeling no interest, enthusiasm, or concern.
Arbitrary	Based on random choice or personal whim, rather than reason or system.
Arrogant	Having or revealing an exaggerated sense of one's own importance or abilities.
Artificial	Insincere or fake in behavior or nature.
Assertive	Behaving confidently and not afraid to say what they want or believe.
Barren	(Not often used to describe people; typically refers to land) Lacking in liveliness or interest.
Belligerent	Hostile and aggressive.
Big-headed	Having a high opinion of oneself; conceited.
Bitchy	Spitefully or unpleasantly competitive or undermining.
Bitter	Exhibiting strong animosity as a result of pain or grief.
Blunt	Saying things in a very direct way without trying to be polite.
Boastful	Talking with excessive pride and self-satisfaction about one's achievements, possessions, or abilities.
Boorish	Rough and bad-mannered; coarse.
Bossy	Fond of giving people orders; domineering.
Brash	Self-assertive in a rude, noisy, or overbearing way.
Brusque	Abrupt or offhand in speech or manner.
Bully	Habitually seeking to harm or intimidate those whom they perceive as vulnerable.
Callous	Showing or having an insensitive and cruel disregard for others.
Cantankerous	Bad-tempered, argumentative, and uncooperative.
Careless	Not giving sufficient attention or thought to avoiding harm or errors.
Caustic	Sarcastic in a scathing and bitter way.
Charmless	Lacking charm and therefore difficult to like.
Childish	Silly and immature.
Clingy	Emotionally dependent on others; needing constant reassurance.
Clumsy	Awkward in movement or handling things.
Coarse	Rude, crude, or vulgar.
Cold	Lacking affection or warmth of feeling; unemotional.
Complacent	Showing smug or uncritical satisfaction with oneself or one's achievements.
Conceited	Excessively proud of oneself; vain.
Condescending	Having or showing an attitude of patronizing superiority.
Confused	Unable to think clearly; bewildered.
Conniving	Given to or involved in conspiring to do something immoral, illegal, or harmful.
Contemptuous	Showing contempt; scornful.
Contradictory	Mutually opposed or inconsistent.
Controlling	Taking an excessive interest in controlling a situation or people.
Conventional	Lacking spontaneity, originality, and individuality.
Covetous	Having a great desire to possess something, typically something belonging to another.
Cowardly	Lacking courage; excessively afraid of danger or pain.
Crafty	Clever at achieving one's aims by indirect or deceitful methods.
Cranky	Irritable; easily annoyed or upset.
Crazy	Mentally deranged, especially as manifested in a wild or aggressive way.
Credulous	Having or showing too great a readiness to believe things.
Creepy	Causing an unpleasant feeling of fear or unease.
Critical	Expressing adverse or disapproving comments or judgments.
Crude	Offensively coarse or rude, especially in relation to sexual matters.
Cruel	Willfully causing pain or suffering to others, or feeling no concern about it.

Cynical	Believing that people are motivated by self-interest; distrustful of human sincerity or integrity.
Dastardly	Wicked and cruel; villainous.
Deceitful	Guilty of or involving deceit; deceiving or misleading others.
Deceptive	Giving an appearance or impression different from the true one; misleading.
Defensive	Used or intended to defend or protect.
Demanding	Requiring or claiming more than is generally felt by others to be due.
Dependent	Relying on someone or something else for support.
Devious	Showing a skillful use of underhanded tactics to achieve goals.
Difficult	Needing much effort or skill to accomplish, deal with, or understand.
Disagreeable	Not pleasant or enjoyable.
Dismissive	Feeling or showing that something is unworthy of consideration.
Disobedient	Refusing to obey rules or someone in authority.
Disorganized	Not properly planned or controlled.
Disrespectful	Showing a lack of respect or courtesy; impolite.
Disruptive	Causing or tending to cause disruption.
Distrustful	Unable to trust someone or something.
Dogmatic	Inclined to lay down principles as incontrovertibly true.
Domineering	Assert one's will over another in an arrogant way.
Duplicitous	Deceitful; two-faced.
Egotistical	Excessively conceited or absorbed in oneself; self-centered.
Evasive	Tending to avoid commitment or self-revelation, especially by responding only indirectly.
Explosive	Liable to lead to sudden change or violence.
Extravagant	Lacking restraint in spending money or using resources.
Extreme	Reaching a high or the highest degree; very great.
Fanciful	Over-imaginative and unrealistic.
Fickle	Changing frequently, especially as regards one's loyalties, interests, or affection.
Finicky	Fussy about one's needs or requirements.
Flaky	Breaking or separating easily into small thin pieces.
Foolhardy	Recklessly bold or rash.
Foolish	Lacking good sense or judgment; unwise.
Forgetful	Apt to forget people or things.
Fretful	Feeling or expressing distress or irritation.
Fussy	Fastidious about one's needs or requirements.
Greedy	Having or showing an intense and selfish desire for something, especially wealth or power.
Grumpy	Bad-tempered and irritable.
Gullible	Easily persuaded to believe something; credulous.
Harsh	Unpleasantly rough or jarring to the senses.
Hasty	Done with excessive speed or urgency; hurried.
Haughty	Arrogantly superior and disdainful.
Hedonistic	Engaged in the pursuit of pleasure; sensually self-indulgent.
Hostile	Unfriendly; antagonistic.
Ignorant	Lacking knowledge or awareness in general; uneducated or unsophisticated.
Immodest	Lacking humility or decency.
Impatient	Having or showing a tendency to be quickly irritated or provoked.
Impertinent	Not showing proper respect; rude.
Impetuous	Acting or done quickly and without thought or care.
Implacable	Unable to be placated.
Impulsive	Acting or done without forethought.
Inconsiderate	Thoughtlessly causing hurt or inconvenience to others.
Inconsistent	Not staying the same throughout.
Indecisive	Not providing a clear and definite result.
Indifferent	Having no particular interest or sympathy; unconcerned.
Inflexible	Unwilling to change or compromise.

Inhibited	Unable to act in a relaxed and natural way because of self-consciousness or mental restraint.
Insecure	Not confident or assured; uncertain and anxious.
Insensitive	Showing or feeling no concern for others' feelings.
Insincere	Not expressing genuine feelings.
Insolent	Showing a rude and arrogant lack of respect.
Intolerant	Not willing to accept views, beliefs, or behavior that differ from one's own.
Intrusive	Causing disruption or annoyance through being unwelcome or uninvited.
Irrational	Not logical or reasonable.
Irresponsible	(Of a person, attitude, or action) not showing a proper sense of responsibility.
Irritable	Having or showing a tendency to be easily annoyed or made angry.
Jealous	Feeling or showing envy of someone or their achievements and advantages.
Judgmental	Having or displaying an excessively critical point of view.
Lazy	Unwilling to work or use energy.
Lewd	Crude and offensive in a sexual way.
Liar	A person who tells lies.
Manipulative	Exerting devious influence over a person for one's own advantage.
Meddlesome	Fond of meddling; interfering.
Melodramatic	Characteristic of melodrama, especially in being exaggerated, sensationalized, or overemotional.
Miserly	(Of a quantity) pitifully small or inadequate.
Moody	(Of a person) given to unpredictable changes of mood, especially sudden bouts of gloominess or sullenness.
Morbid	Characterized by an abnormal and unhealthy interest in disturbing and unpleasant subjects, especially death and disease.
Narrow-minded	Not willing to listen to or tolerate other people's views; prejudiced against new or different ideas.
Neglectful	Not giving proper care or attention to someone or something.
Nervous	Easily agitated or alarmed; tending to be anxious; highly strung.
Nihilistic	Rejecting all religious and moral principles in the belief that life is meaningless.
Nosy	Showing too much curiosity about other people's affairs.
Obnoxious	Extremely unpleasant.
Obstinate	Stubbornly refusing to change one's opinion or chosen course of action, despite attempts to persuade one to do so.
Obstructive	Causing or likely to cause an obstruction.
Opinionated	Conceitedly assertive and dogmatic in one's opinions.
Overbearing	Unpleasantly or arrogantly domineering.
Overcritical	Excessively and unreasonably critical, especially of small faults.
Overemotional	Excessively emotional.
Paranoid	Of, characterized by, or suffering from the mental condition of paranoia.
Patronizing	Treating with an apparent kindness that betrays a feeling of superiority.
Pensive	Engaged in, involving, or reflecting deep or serious thought.
Pessimistic	Tending to see the worst aspect of things or believe that the worst will happen.
Petty	Of little importance; trivial.
Pompous	Affectedly and irritatingly grand, solemn, or self-important.
Possessive	Demanding someone's total attention and love.
Prejudiced	Having or showing a dislike or distrust that is derived from prejudice; bigoted.
Presumptuous	(Of a person or their behavior) failing to observe the limits of what is permitted or appropriate.
Pretentious	Attempting to impress by affecting greater importance, talent, culture, etc., than is actually possessed.
Procrastinating	Delaying or postponing action; put off doing something.
Pugnacious	Eager or quick to argue, quarrel, or fight.
Quarrelsome	Given to or characterized by quarreling.
Rash	Displaying or proceeding from a lack of careful consideration of the possible consequences of an action.
Reckless	Without thinking or caring about the consequences of an action.
Remorseless	Without regret or guilt.
Repetitive	Containing or characterized by repetition, especially when unnecessary or tiresome.
Repressive	Inhibiting or restraining the freedom of a person or group of people.
Resentful	Feeling or expressing bitterness or indignation at having been treated unfairly.
Rude	Offensively impolite or ill-mannered.

Ruthless	Having or showing no pity or compassion for others.
Sarcastic	Marked by or given to using irony in order to mock or convey contempt.
Sardonic	Grimly mocking or cynical.
Scandalous	Causing general public outrage by a perceived offense against morality or law.
Scheming	Given to or involved in making secret and underhanded plans.
Scornful	Feeling or expressing contempt or derision.
Secretive	Inclined to conceal feelings and intentions or not to disclose information.
Self-centered	Preoccupied with oneself and one's affairs.
Self-indulgent	Characterized by doing or tending to do exactly what one wants, especially when this involves pleasure or idleness.
Selfish	(Of a person, action, or motive) lacking consideration for others; concerned chiefly with one's own personal profit or pleasure.
Shallow	Lacking depth of intellect or knowledge; concerned only with what is obvious.
Short-tempered	Easily made angry.
Slovenly	(Especially of a person or their appearance) messy and dirty.
Sly	Having or showing a cunning and deceitful nature.
Snobbish	Relating to, characteristic of, or like a snob.
Snooty	Showing disapproval or contempt toward others, especially those considered to belong to a lower social class.
Sullen	Bad-tempered and sulky; gloomy.
Superficial	Existing or occurring at or on the surface.
Suspicious	Having or showing a cautious distrust of someone or something.
Tactless	Having or showing a lack of skill and sensitivity in dealing with others or with difficult issues.
Temperamental	Liable to unreasonable changes of mood.
Thoughtless	Without consideration of the possible consequences of an action.
Timid	Showing a lack of courage or confidence; easily frightened.
Tiresome	Causing one to feel bored or annoyed.
Touchy	Overly sensitive or irritable.
Truculent	Eager or quick to argue or fight; aggressively defiant.
Uncooperative	Unwilling to work with others and take their opinions or needs into account.
Unforgiving	Unwilling to forgive.
Unfriendly	Not friendly.
Ungrateful	Not feeling or showing gratitude.
Unhealthy	Not having or showing good health.
Unkind	Inconsiderate and harsh to others.
Unpredictable	Not able to be predicted; changeable.
Unreliable	Not able to be relied upon.
Unsophisticated	Lacking refined worldly knowledge or tastes.
Untidy	Not arranged neatly and in order.
Vague	Of uncertain, indefinite, or unclear character or meaning.
Vain	Having or showing an excessively high opinion of one's appearance, abilities, or worth.
Vengeful	Seeking to harm someone in return for a perceived injury.
Venomous	(Of a person or their behavior) full of malice or spite.
Vindictive	Having or showing a strong or unreasoning desire for revenge.
Violent	Using or involving physical force intended to hurt, damage, or kill someone or something.
Volatile	Liable to change rapidly and unpredictably, especially for the worse.
Weak	Lacking the power to perform physically demanding tasks; lacking physical strength and energy.
Weary	Feeling or showing tiredness, especially as a result of excessive exertion or lack of sleep.
Whimsical	Playfully quaint or fanciful, especially in an appealing and amusing way.
Wicked	Evil or morally wrong.
Withdrawn	Not wanting to communicate with other people.
Worrisome	Causing anxiety about actual or potential problems.
Worrywart	A person who tends to dwell unduly on difficulty or troubles.
Xenophobic	Having or showing a dislike of or prejudice against people from other countries.
Yearning	Having an intense feeling of longing for something, typically something that one has lost or been separated from.
Zealous	Having or showing zeal.

Positive Trait	Associated Behavior
Abundant	Often shares resources generously and feels they have plenty to give.
Achieving	Sets and reaches goals consistently, often excelling in tasks.
Adaptable	Easily adjusts to new situations without stress.
Admired	Receives frequent praise and recognition from others.
Adroit	Shows skill and aptness in handling situations.
Adventurous	Regularly tries new experiences and explores unfamiliar places.
Affable	Friendly and easy to talk to, making people feel comfortable around them.
Affectionate	Frequently expresses love and affection through physical touch and kind words.
Altruistic	Often puts others' needs before their own and helps without expecting anything in return.
Ambitious	Driven to achieve success and often sets high goals.
Amiable	Pleasant and good-natured, making them easy to get along with.
Analytical	Good at examining and breaking down things into their components.
Appreciative	Regularly expresses gratitude and values others' contributions.
Artistic	Engages creatively with the world, often producing or appreciating art.
Assertive	Communicates needs and boundaries clearly and respectfully.
Astute	Displays sharp understanding or insight.
Attentive	Pays close attention to the needs and details of situations.
Authentic	Behaves in a way that is true to their own personality, spirit, or character.
Benevolent	Kindly and actively seeks to promote the happiness of others.
Blissful	Frequently appears content and at peace with life.
Brave	Faces difficult situations with courage and fortitude.
Bright	Exhibits intelligence and mental sharpness.
Calm	Maintains composure in stressful situations.
Captivating	Naturally draws others' interest and attention.
Carefree	Lives without undue worry or stress about future problems.
Careful	Takes pains to avoid mistakes or accidents.
Caring	Shows concern for others and acts with kindness and attention.
Celebrated	Widely praised and spoken well of for achievements or character.
Charismatic	Has a magnetic charm or appeal.
Charitable	Willingly gives money, help, or sympathy to those in need.
Charming	Pleasing or delightful to be around.
Cheerful	Generally in good spirits.
Compassionate	Feels and shows concern and sympathy for others' suffering.
Composed	Keeps self-control and does not show emotions unnecessarily.
Confident	Believes in one's own abilities and makes decisions without undue anxiety.
Conscientious	Takes their duties seriously and cares about doing their work well and thoroughly.
Considerate	Thinks of and respects others' feelings and needs.
Creative	Uses imagination to create new ideas or things.
Curious	Eager to know or learn something.
Daring	Boldly takes risks or behaves adventurously.
Decisive	Able to make decisions quickly and effectively.
Dedicated	Committed to a task or purpose.
Delightful	Highly pleasing, enjoyable, or attractive.
Dependable	Reliable in fulfilling promises and responsibilities.
Determined	Firm in making a decision and not changing it.

Diligent	Works hard and carefully over long periods.
Discerning	Shows good or outstanding judgment and understanding.
Disciplined	Shows a controlled form of behavior or way of working.
Discreet	Careful and circumspect in one's speech or actions.
Dynamic	Energetic and forceful.
Eager	Enthusiastically wanting to do or have something.
Earnest	Sincere and intense conviction.
Easygoing	Relaxed and tolerant in approach.
Efficient	Achieving maximum productivity with minimum wasted effort or expense.
Eloquent	Fluent or persuasive in speaking or writing.
Empathetic	Ability to understand and share the feelings of another.
Empowering	Giving someone the authority or power to do something.
Energetic	Full of energy and enthusiasm.
Enlightened	Having a modern and well-informed outlook.
Enthusiastic	Showing intense and eager enjoyment, interest, or approval.
Ethical	Following accepted rules of behavior.
Exemplary	Deserving imitation; commendable.
Exhilarating	Making one feel very happy, animated, or elated.
Exuberant	Filled with or characterized by a lively energy and excitement.
Fair	Treating people equally without favoritism or discrimination.
Fair-minded	Impartial and just.
Faithful	Loyal, constant, and steadfast.
Focused	Paying particular attention to what one is doing.
Forgiving	Ready and willing to forgive.
Friendly	Kind and pleasant.
Generous	Showing a readiness to give more of something than is strictly necessary or expected.
Gentle	Mild in temperament or behavior; kind or tender.
Genuine	Truly what something is said to be; authentic.
Graceful	Having or showing grace or elegance.
Gracious	Courteous, kind, and pleasant.
Grateful	Showing an appreciation for something done or received.
Grounded	Well balanced and sensible.
Happy	Feeling or showing pleasure or contentment.
Harmonious	Forming a pleasing or consistent whole.
Honest	Free of deceit; truthful and sincere.
Honorable	Bringing or worthy of honor.
Hopeful	Feeling or inspiring optimism about a future event.
Humble	Having or showing a modest or low estimate of one's importance.
Imaginative	Having or showing creativity or inventiveness.
Impartial	Treating all rivals or disputants equally.
Independent	Free from outside control; not subject to another's authority.
Industrious	Diligent and hard-working.
Innovative	Featuring new methods; advanced and original.
Insightful	Having or showing an accurate and deep understanding.
Inspirational	Providing or showing creative or spiritual inspiration.
Inspiring	Having the effect of inspiring someone.

Intelligent	Having or showing intelligence, especially of a high level.
Intuitive	Using or based on what one feels to be true even without conscious reasoning.
Involved	Connected or concerned with someone or something, typically on an emotional or personal level.
Joyful	Feeling, expressing, or causing great pleasure and happiness.
Just	Based on or behaving according to what is morally right and fair.
Kind	Having or showing a friendly, generous, and considerate nature.
Kind-hearted	Having a kind and sympathetic nature.
Knowledgeable	Intelligent and well informed.
Leader	The person who leads or commands a group, organization, or country.
Learned	Having much knowledge acquired by study.
Loving	Feeling or showing love or great care.
Loyal	Giving or showing firm and constant support or allegiance to a person or institution.
Mature	Fully developed physically; full-grown.
Methodical	Done according to a systematic or established procedure.
Meticulous	Showing great attention to detail; very careful and precise.
Modest	Unassuming in the estimation of one's abilities or achievements.
Motivated	Provide (someone) with a motive for doing something.
Nurturing	Caring for and encouraging the growth or development of.
Objective	Not influenced by personal feelings or opinions in considering and representing facts.
Observant	Quick to notice things.
Open-hearted	Displaying or proceeding from a willingness to listen to or accept different views or ideas.
Open-minded	Willing to consider new ideas; unprejudiced.
Optimistic	Hopeful and confident about the future.
Organized	Arranged or ordered systematically.
Passionate	Showing or caused by strong feelings or a strong belief.
Patient	Able to accept or tolerate delays, problems, or suffering without becoming annoyed or anxious.
Peaceful	Free from disturbance; tranquil.
Perceptive	Having or showing sensitive insight.
Persevering	Continuing in a course of action even in the face of difficulty or with little or no prospect of success.
Persistent	Continuing firmly or obstinately in an opinion or course of action in spite of difficulty or opposition.
Persuasive	Good at persuading someone to do or believe something through reasoning or the use of temptation.
Philosophical	Relating or devoted to the study of the fundamental nature of knowledge, reality, and existence.
Playful	Fond of games and amusement; lighthearted.
Polite	Having or showing behavior that is respectful and considerate of other people.
Positive	Constructive, optimistic, or confident.
Practical	Concerned with the actual doing or use of something rather than with theory and ideas.
Principled	Acting in accordance with morality and showing recognition of right and wrong.
Productive	Producing or able to produce large amounts of goods, crops, or other commodities.
Professional	Engaged in a specified activity as one's main paid occupation rather than as an amateur.
Punctual	Happening or doing something at the agreed or proper time.
Purposeful	Having or showing determination or resolve.
Rational	Based on or in accordance with reason or logic.
Realistic	Having or showing a sensible and practical idea of what can be achieved or expected.
Reflective	Providing a reflection; capable of reflecting light or other radiation.
Relaxed	Free from tension and anxiety.
Reliable	Consistently good in quality or performance; able to be trusted.

Resilient	Able to withstand or recover quickly from difficult conditions.
Resourceful	Having the ability to find quick and clever ways to overcome difficulties.
Respectful	Feeling or showing deference and respect.
Responsible	Having an obligation to do something, or having control over or care for someone, as part of one's job or role.
Responsive	Reacting quickly and positively.
Self-assured	Confident in one's own abilities or character.
Self-disciplined	Able to control one's feelings and overcome one's weaknesses.
Sensitive	Quick to detect or respond to slight changes, signals, or influences.
Sincere	Free from pretense or deceit; proceeding from genuine feelings.
Skillful	Having or showing skill.
Sociable	Willing to talk and engage in activities with other people; friendly.
Spirited	Full of energy, enthusiasm, and determination.
Spontaneous	Performed or occurring as a result of a sudden inner impulse or inclination and without premeditation or external stimulus.
Strong	Having the power to move heavy weights or perform other physically demanding tasks.
Supportive	Providing encouragement or emotional help.
Sympathetic	Feeling, showing, or expressing sympathy.
Tactful	Having or showing tact.
Tenacious	Tending to keep a firm hold of something; clinging or adhering closely.
Thoughtful	Absorbed in or involving thought.
Thriving	Prospering; flourishing.
Trusting	Inclined to trust others.
Trustworthy	Able to be relied on as honest or truthful.
Unbiased	Showing no prejudice for or against something; impartial.
Understanding	Sympathetically aware of other people's feelings; tolerant and forgiving.
Unique	Being the only one of its kind; unlike anything else.
Upbeat	Cheerful; optimistic.
Valiant	Possessing or showing courage or determination.
Vibrant	Full of energy and enthusiasm.
Virtuous	Having or showing high moral standards.
Visionary	Thinking about or planning the future with imagination or wisdom.
Warm	Having or showing enthusiasm, affection, or kindness.
Warm-hearted	Having or showing kindness, sympathy, and affection.
Welcoming	Friendly and making you feel welcome.
Wholesome	Conducive to or suggestive of good health and physical well-being.
Wise	Having or showing experience, knowledge, and good judgment.
Witty	Showing or characterized by quick and inventive verbal humor.
Zealous	Having or showing zeal.